Subject:

**New Synapsis program: Mental D**

Hi Everyone,

Peter Mandel has created a new Synapsis program for our use.

The program is called Mental D.

Indications:

Mental D is another option for the treatment of degenerative cognitive changes like dementia.

It took a great deal of research for the Institute to establish a rhythmic sequence

which can meet the needs of dementia sufferers. After extensive research by the Institute and other colleagues they have created this program called Mental D which can be used for memory loss and the prevention of cognitive stress and resulting changes.

While doing background research for the program Peter found Scientific publications reporting that people affected by cognitive stress have long standing insomnia or sleep rhythm disturbances. Neurologists have also stated that childhood trauma may also lead to dementia or other serious diseases.

Prof. Meike Needergard and Prof. Steven A. Goldmann have been conducting brain research focusing on stress relief since 2011. They discovered the brain’s glymphatic system. The Glymphatic system channels drainage of waste products from the brain during sleep. They believe that the Glymphatic system has a special role in the development of Alzheimers, Dementia and Parkinson’s disease.

When the sleep rhythm is altered the glymphatic system is affected and can no longer properly dispose of waste products during sleep. Thus, over time the body looses the ability to regenerate both physically (Delta rhythm) and in the brain and nervous system (REM phases= Theta rhythm).

Previously developed programs like Cerebral program, Gamma 40, the Learning program and the Degenerative program can be used in collaboration with this program. Combinations depend on the indications.

In the case of the Mental D the Gamma 40 program is a particularly good match and they can be used daily in rotation.

While the program does not promise to fully heal cognitive impairment and dementia

patients can feel more stable and able to participate more fully in life again.

THE COST FOR THIS INDIVIDUAL PROGRAM IS $95.00